



Sustainable  
Swimfestival  
Dortmund

X-MAS EDITION

# Invitation

December 6<sup>th</sup> + 7<sup>th</sup> 2025  
Südbad Dortmund



Powered by:



## Swim Race Days — X-MAS Edition

*„Where Racing meets Christmas“*

As the year draws to a close and the festive season begins, Swim Race Days transforms into a very special event: the **X-MAS Edition**. The venue, as always, is Dortmund's Südbad. The popular and proven competition formats of Swim Race Days will be held in a winter atmosphere and offer exciting races in an atmospheric setting.

Because the event takes place at the beginning of Advent, it bears the festive addition “**X-MAS Edition**.” It combines the familiar mix of modern competition formats, short races, and exciting finals with the idea of **sustainability** concept, which has underpinned Swim Race Days since 2024. The **X-MAS Edition** therefore also focuses on a resource-saving event concept and takes up the idea of environmentally conscious sport. This way, athletes can not only experience exciting races but also be part of a sustainable sporting event.

The event offers a great opportunity, especially for younger swimmers, to compete in a motivating atmosphere just before the end of the year. Taking place in December, the **X-MAS Edition** is the perfect **end-of-year competition** before the well-deserved Christmas break.

Last but not least, Dortmund invites you to enjoy a special experience outside the water during this time of year: a visit to the traditional **Dortmund Christmas market** with the world's largest Christmas tree makes participating in the “**Swim Race Days X-MAS Edition**” an all-round festive highlight.

# COMPETITION ORDER

1st Section: Saturday, December 6, 2025

Admittance: 8:00 a.m. Referee meeting: 8:15 a.m. Start of competition: 9:00 a.m.

WK 1	50m	Backstroke	Heats	female	2017 and older
WK 2	50m	Breaststroke	Heats	male	2017 and older
WK 3	4x 100m	Individual Medley		female	2014 and older
WK 4	100m	Butterfly		male	2015 and older
WK 5	100m	Freestyle		female	2017 and older
WK 6	8x 50m	Individual Medley		mixed	2014 and older
WK 7	4x 50m	Freestyle		male	2015 to 2017
WK 101	50m	Backstroke	Final	female	2010 to 2014
WK 201	50m	Backstroke	Final	female	2009 and older
WK 102	50m	Breaststroke	Final	male	2010 to 2014
WK 202	50m	Breaststroke	Final	male	2009 and older

2. Section: Saturday, December 6, 2025

Referee meeting: 15 minutes after end of section 1

Start of competition: 1:00 hour after end of section 1

WK 8	50m	Backstroke	Heats	male	2017 and older
WK 9	50m	Breaststroke	Heats	female	2017 and older
WK 10	4x 100m	Freestyle		male	2014 and older
WK 11	100m	Butterfly		female	2015 and older
WK 12	100m	Freestyle		male	2017 and older
WK 13	4x 50m	Freestyle		female	2015 to 2017
WK 14	6x 50m	Freestyle		Double-Sprint-Race	2014 and older
Deposit competition: For explanation, see "special conditions, Pt. 3"					
WK 108	50m	Backstroke	Final	male	2010 to 2014
WK 208	50m	Backstroke	Final	male	2009 and older
WK 109	50m	Breaststroke	Final	female	2010 to 2014
WK 209	50m	Breaststroke	Final	female	2009 and older



# COMPETITION ORDER

3rd Section: Sunday, December 7, 2025

Admittance: 8:00 a.m. Referee meeting: 8:15 a.m. Start of competition: 9:00 a.m.

WK 15	50m	Freestyle	Heats	male	2017 and older
WK 16	50m	Butterfly	Heats	female	2017 and older
WK 17	4x 100m	Individual Medley		male	2014 and older
WK 18	100m	Backstroke		female	2017 and older
WK 19	100m	Breaststroke		male	2017 and older
WK 20	8x 50m	Freestyle		mixed	2014 and older
WK 21	4x 50m	Individual Medley		female	2015 to 2017
WK 115	50m	Freestyle	Final	male	2015 to 2017
WK 215	50m	Freestyle	Final	male	2010 to 2014
WK 315	50m	Freestyle	Final	male	2009 and older
WK 116	50m	Butterfly	Final	female	2010 to 2014
WK 216	50m	Butterfly	Final	female	2009 and older

4th Section: Sunday, December 7, 2025

Referee meeting: 15 minutes after end of section 1

Start of competition: 1:00 hour after end of section 1

WK 22	50m	Freestyle	Heats	female	2017 and older
WK 23	50m	Butterfly	Heats	male	2017 and older
WK 24	4x 100m	Freestyle		female	2014 and older
WK 25	100m	Backstroke		male	2017 and older
WK 26	100m	Breaststroke		female	2017 and older
WK 27	4x 50m	Individual Medley		male	2015 to 2017
WK 28	10x 50m	Freestyle		Generation Race	
Deposit competition: For explanation, see "special conditions, Pt. 3"					
WK 122	50m	Freestyle	Final	female	2015 to 2017
WK 222	50m	Freestyle	Final	female	2010 to 2014
WK 322	50m	Freestyle	Final	female	2009 and older
WK 123	50m	Butterfly	Final	male	2010 to 2014
WK 223	50m	Butterfly	Final	male	2009 and older

## GENERAL CONDITIONS

1. The competition regulations (WB), the competition license regulations (WLO), the legal regulations (RO) and the anti-doping regulations (ADO) of the German Swimming Association (DSV) apply. Eligible are members of a World Aquatics affiliated federation or of a club affiliated to this federation, furthermore members of clubs belonging to a state federation affiliated to the DSV. For handicapped persons with a corresponding classification certificate, the competition regulations of the German Handicapped Sports Association (DBS) are additionally applicable.
2. By submitting the entries, the club declares that the club representative is authorized to register and that the registered swimmers can prove their fitness to participate in the sport. With the participation in the competition the participant agrees with the electronic storage, processing and passing on of the competition-relevant personal data under indication of name, club name, national association affiliation, age, class, competition designation and start time. This processing is carried out according to article 6 paragraph 1 lit. b) DSGVO. By participating in the competition, the participant also consents to the processing and publication of the start and result lists as well as any photos and videos of the competition and the award ceremony in notices, on the internet, in social media as well as in other publications of the DSV, its subdivisions or the press and sponsors of the event. Participants can object to the storage, processing and use of their personal data and demand deletion. The consequences result from the competition regulations of the German Swimming Association e.V.. The already published result lists will not be changed in case of an objection against the publication, they remain valid.
3. The competition pool is **50 meters long** and has **eight starting lanes**, which are separated by wave-killing lines. The water temperature is approx. 26 degrees Celsius. Times are determined by the electronic timing system.
4. The „**one-start-rule**“ will be applied for the whole event.
5. The heat and lane distribution is determined solely by the entry times, regardless of the age group. The 50 meter heats are set according to heat criteria.
6. Entries must comply with the requirements of the DSV. They must be submitted on the official DSV forms 101 (entry form) and 102 (entry list). In addition, the entries must be sent in a file in DSV-standard 7 or Lenex format. The documents must be fully completed and clearly legible.  
For creation of the entries, a definition file is available on the DSV website and on the event website [www.swimracedays.com](http://www.swimracedays.com).  
Foreign clubs have the opportunity to submit their entries using an Excel format available for download on the event website.

**Entries will only be accepted via email to the registration address.**

**Entries submitted as free text in an email, as Word or pdf document will not be accepted!**

7. The number of starts for 10-year-olds (and younger) is limited to 6 per day.
8. The registering clubs will receive a confirmation of registration by email after receipt of the registrations and only if a valid email address is available.

- FS 1898 Dortmund e.V.  
Sportliche Leitung  
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## SPECIAL CONDITIONS

1. Participation restrictions:  
The event is limited to a maximum of 3.000 individual starts. Entries will be determined on a first-come, first-served basis. Entries exceeding this limit will be rejected.  
The organizer reserves the right to reject entries if the competition duration exceeds 9 hours (including warm-up times)
  2. For the non-DSV-compliant races 14 (Double-Sprint-Race) and 28 (Generation Race), there is no race number in the definition file. Clubs wishing to participate in these races should informally note this in their registration email.
  3. Relays:  
In all 50-meter relays, the handover takes place on the turning side (after 50 meters, 150 meters etc.) out of the water. The starting swimmer holds onto the wall with at least one hand. This hand may not leave the wall until the incoming swimmer has touched the wall.
    - a) WK 6: 8x50 meters Medley mixed:  
The relay consists of four (4) female and four (4) male participants. It is conducted in the following order: backstroke, breaststroke, butterfly, freestyle, backstroke, breaststroke, butterfly, freestyle. The gender composition of the individual races is freely selectable.
    - b) WK 14: 6x50 meters Freestyle Double-Sprint-Race  
This relay consists of three participants (TN) with each gender being represented at least once (either 1x female and 2x male or 2x female and 1x male)  
Implementation:  
TN 1 swims 50 meters and switches to TN 2, who also swims 50 meters and switches to TN 3. TN 3 switches back to TN 1 after 50 meters, and so on, until each TN has swum twice.  
**In this relay, the changes after 100 and 200 meters also take place out of the water.**
    - c) WK 28: 10x50 meters Freestyle Generation Race  
This relay consists of one male and one female athlete each from the age groups Youth A, Youth B, Youth C, age group 2014 to 2016, as well as one male and one female coach or supervisor (minimum age 20 years).  
**Coaches / supervisors do not require DSV licensing!**
- These three relays are not DSV compliant, so the results will be in the protocol but not transmitted to the DSV!**
4. For each competition (except relays and finals), two premium races will be drawn in advance of the event. The winners of these races will receive a non-cash prize.

## ORGANIZATIONAL INFORMATION

1. All important information and documents about the event are available on the event website [www.swimracedays.com](http://www.swimracedays.com).
2. Arrival:  
The organizer of the Swim Race Days is committed to sustainability. For ecological reasons, we recommend carpooling or using public transportation.  
The Südbad can be reached by:
  - Bus lines 452 and 453 (Hainallee / Südbad)
  - Subway lines U41, U45, U47, U49 (Stadthaus)
  - S-Bahn S4 (Stadthaus)
  - As well as with Deutsche Bahn trains via Dortmund Central Station
3. Access to the pool is only permitted to athletes, coaches and supervisors with appropriate accreditation. Accreditations must be collected from the information desk in the foyer of the Südbad before the start of the competition.
4. Spectators have the opportunity to be present on the grandstand for an entrance fee of 5.00 € per day or 8.00 € for both days.  
Tickets can also be purchased in advance at [www.swimracedays.com](http://www.swimracedays.com).
5. Press representatives:  
Interested journalists and photographers should contact us by email: [presse@swimracedays.com](mailto:presse@swimracedays.com).
6. Catering:  
The operator of Café Südbad will offer catering for participants. A catering order form will be available in November on the event website [www.swimracedays.com](http://www.swimracedays.com).
7. Contact:  
Questions regarding organizational matters should be directed exclusively by email to [orga@swimracedays.com](mailto:orga@swimracedays.com).
8. Liability  
Participants are responsible for securing their own valuables. The organizer and the pool owner assume no liability for loss, theft, accidents or damage of any kind.
9. Accreditations  
Each participant will receive an accreditation card. The cards will be issued unpunched and without a lanyard. Participants who wish to attach their card to a lanyard are asked to bring their own lanyard. The accreditation card can be punched at the information desk if necessary.
10. Christmas City Dortmund  
The Dortmund Christmas Market is one of the largest Christmas Markets in Europe. With their 250 stalls selling handicrafts, Christmas decorations, unique toys and much more, you'll find almost everything you could wish for during the Advent season. Numerous stalls also offer drinks, as well as savory and sweet treats. The highlight, of course, is the world's largest Christmas tree (approx. 45 meters tall and decorated with over 100.000 lights). The Dortmund Christmas Market is just a 10-minute walk from the Südbad. Combined with the **Swim Race Days – X-MAS-Edition**, it's a fantastic way to end the year!